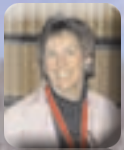


Guest Speakers



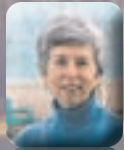
Joyce C. McCann
Keynote Speaker
Oakland, CA

Associate Staff Scientist, Nutrition and Metabolism Center, Children's Hospital Oakland Research Institute



Charles Popper, M.D.
Belmont, MA

McLean Hospital and Harvard Medical School
Founding Editor, Journal of Child and Adolescent Psychopharmacology



Bonnie J. Kaplan, Ph.D.
Calgary, Alberta, Canada

Professor, Departments of Paediatrics and Community Health Sciences, University of Calgary, Alberta, Canada



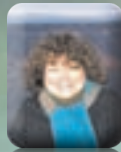
Scott Shannon, M.D.
Ft. Collins, CO

Assistant Clinical Professor of Psychiatry, University of Colorado
President-Elect, American Board of Integrative Holistic Medicine
Author of the book, "Please Don't Label My Child"



Julia Rucklidge, Ph.D.
Christchurch, New Zealand

Associate Professor of Clinical Psychology, University of Canterbury, New Zealand



Katherine Falk, M.D.
New York, NY

Private Practice, Integrative Psychiatry and Psychotherapy
Distinguished Life Fellow, American Psychiatric Association
Assistant Clinical Professor of Psychiatry (Adjunct), Mount Sinai School of Medicine, New York City



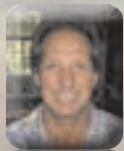
Lawrence E. Cormier, M.D.
Denver, CO

Private Practice in General Psychiatry, Psychotherapy and Integrative-Holistic Mental Health Care



Carol Banyas, M.D., Ph.D.
San Ramon, CA

Private Practice, Integrative Psychiatry, Walnut Creek, CA
Co-Author of "Geriatric Depression", "The Origins of the Frontal Lobes of the Brain", and "The Heart of Healing"



Daniel S. Smith, D.C.
Alamo, CA

Lecturer on Micronutrients for the Central Nervous System
Member, California Chiropractic Association
Founder of Genesa Inc.



Anthony Stephan
Magrath, Alberta, Canada

Co-Founder, Truehope Nutritional Support Ltd.



David Hardy
Raymond, Alberta, Canada

Co-Founder, Truehope Nutritional Support Ltd.



Teresa Kolpak
Lethbridge, Alberta, Canada

Chief Medical Professional Consultant, Truehope Nutritional Support Ltd.



Micronutrients
For Mental Health

2009 Forum

1st Annual Conference on
Micronutrients for Mental Health

December 4 - 5, 2009

Hotel Monaco
501 Geary Street
San Francisco, California





Conference on Micronutrients for Mental Health: Research and Clinical Applications

San Francisco, CA • December 4-5, 2009

Friday, December 4th, 2009

Chair: Scott Shannon, M.D.

- 7:00-8:15 AM **Breakfast and Registration**
- 8:15-8:30 **Welcome**
Scott Shannon, M.D. and Carol Banyas, M.D., Ph.D.
- 8:30-9:00 **Overview of Micronutrients in Mental Health**
Charles Popper, M.D.
- 9:00-10:30 **Published Research on Micronutrients in Mental Health**
Bonnie Kaplan, Ph.D., Lewis Mehl-Madrona, M.D., Ph.D., and Julia Rucklidge Ph.D.
- 10:30-11:00 **Break**
- 11:00 -12:00 **KEYNOTE ADDRESS:
Micronutrients and Brain Function**
Joyce McCann, Ph.D.
- 12:00-1:00 PM **Lunch**
- 1:00-1:30 **Demystifying DRIs and Nutrient Serum Levels**
Taron Fletcher
- 1:30-3:00 **Principles of Micronutrient Treatments in Clinical Settings**
Charles Popper, M.D. and Teresa Kolpak
- 3:00-3:30 **Break**
- 3:30-4:30 **Protocols for Micronutrient Treatments in Clinical Practice**
Teresa Kolpak and Charles Popper, M.D.
- 4:30-5:15 **Treatment of Anxiety/Panic Disorder with Micronutrients**
Scott Shannon, M.D.
- 7:00 PM **Reception and Cash Bar**

Saturday, December 5th, 2009

Chair: Carol Banyas, M.D., Ph.D.

- 7:00-8:15 AM **Breakfast**
- 8:15-9:30 **Two Adult Case Presentations:
Bipolar Disorder and Depression**
Carol Banyas, M.D., Ph.D. and Lawrence Cormier, M.D.
- 9:30-10:00 **Pediatric Case Presentation:
Bipolar Disorder and ADHD**
Scott Shannon, M.D. and Brooks Minford
- 10:00-10:30 **Break**
- 10:30-11:30 **SAME, Omega Fatty Acids, and Other Micronutrient Workhorses**
Scott Shannon, M.D.
- 11:30 AM-12 **Relevance of Vitamin D in Mental Health**
Katherine Falk, M.D.
- 12 - 1 PM **Lunch**
- 1:00-2:00 **Use of Amino Acids in Mental Health Treatment**
Daniel Smith, D.C.
- 2:00-3:00 **The Role of the Adrenal and Thyroid Glands**
Katherine Falk, M.D.
- 3:00-3:30 **Break**
- 3:30-4:30 **The Shifting Paradigm for Mental Health Treatment**
Anthony Stephan and David Hardy
- 4:30-6:00 **Q&A and General Discussion**
Panel with All Speakers