



Forum on Micronutrients for Mental Health San Francisco, Dec 4-5, 2009

Preliminary Program

Friday, December 4, 2009

Breakfast & Registration

Welcome

(Drs. Scott Shannon, Carol Banyas)

Use of micronutrients in psychiatry and neuroscience

(Dr. Charles Popper)

Published research on EMPowerplus

(Drs. Bonnie Kaplan, Julia Rucklidge)

Micronutrient treatment in pediatric cases

(Drs. Scott Shannon, Charles Popper)

Keynote Address: Micronutrients and Brain Function

(Dr. Joyce C. McCann - Associate Staff Scientist in the Nutrition and Metabolism Center of the Children's Hospital Oakland Research Institute, Oakland, CA)

The Role of Vitamin D

(Drs. Lawrence Cormier, Katherine Falk)

Practical application of micronutrient protocols in the clinical setting

(Dr. Charles Popper, Teresa Kolpak)

Evening reception

Saturday, December 5, 2009

Breakfast

The shifting paradigm for mental health treatment

(Dr. Carol Banyas, Anthony Stephan, David Hardy)

Micronutrient workhorses

(Dr. Scott Shannon)

The role of the adrenal and thyroid glands

(Dr. Kathy Falk)

Micronutrient treatment in adult cases of bipolar and depression

(Drs. Carol Banyas, Lawrence Cormier)

Use of amino acids

(Drs. Carol Banyas, Daniel Smith)

Practical application, possible limiting factors

(Dr. Charles Popper, Teresa Kolpak)

Treatment of anxiety/panic with micronutrients

(Dr. Scott Shannon)

The future of micronutrient treatment

(Panel discussion with audience participation)